

# Halesowen Retreat in Daily Life

February - March 2016

## A prayer journey from Lent to Easter

*An opportunity for people to deepen their experience of prayer, and grow in their relationship with God*



**Opening meeting for all participants: 7th February**

**Closing meeting for all participants: 20th March**

A 'Retreat in Daily Life' is a retreat where, in the midst of your normal daily routine, you set aside some time each day for prayer, helped by weekly one-to-one meetings with your own prayer guide.

The retreat is scripture-based and Christ-centred. No previous experience is needed. It begins where you are, wherever that happens to be in your faith journey. It is for people from every denomination.

For more information, please contact Pat Hall ([patricia\\_hall@btopenworld.com](mailto:patricia_hall@btopenworld.com)) or Linda Hills ([linda.hills@fountaingate.org.uk](mailto:linda.hills@fountaingate.org.uk)).



The prayer guides on the retreat are members of Manresa Link, a multi-denominational group of Christians trained to lead retreats like this one.