

# YouTube Books and Activity Ideas for Early Years Children

## No. 1: Being Kind

The YouTube book for "Being Kind" is at:

<https://youtube/8WiOUWLeT9I>

'Joy and Heron'

(animated by Narayan Sharma)



### Some Talking Points

- Talk about the story with your child and ask 'open ended' questions (encouraging more than one word answers) about how the characters in the stories showed their kindness.
- Ask them to think of times when they have been kind to someone or someone been kind to them.
- What can they do today to be kind to someone in their family and make them feel happy?

*A prayer to say  
with small children...*

Dear Jesus

Please show me how to spend this day

Sharing your love in every way

Help me to be kind to everyone

To play and laugh and have lots of fun

Running and jumping and joining the race

Sharing your joy with a smile on my face



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## No. 1: Being Kind

### Activities

#### **Cup of Kindness**

Have a 'cup of kindness' and put something inside e.g. a pebble, or a lego brick ( not too big or too small!) every time your child has been kind.

A reward can be given when the cup is full.



#### **Helping Hands**



Ask your child to draw around their hand several times on a piece of card then ask them to think of different ways to be kind. Write down one idea on each hand and then the child can decorate the hand shapes with crayons or felt tip pens. Cut out the hand shapes and mount them on a separate piece of card.

#### **Make a 'helping hand' handprint picture.**

